

Quarantine upon arrival and Arrangements at Okayama University

Quarantine upon arrival

Country/Regions visited/stayed in the 14days prior to Entry	Booster Vaccinated (Completed 3 doses)	Quarantine
Designated Countries/Regions	X	① 3 days at the facilities designated by the government(till 4 th day after arrival) . Negative result COVID-19 test on the 3 rd day (day zero as arrival date) may leave quarantine place.
	○	②7 days quarantine at your own place(till 8 th day after arrival. Negative result COVID-19 test on the 3 rd day (day zero as arrival date) may leave quarantine place after you send result through My SOS app. And receive permission from related ministry.
Non-Designated Countries/Regions	X	
	○	③ NO Quarantine required

※Designated countries/regions are subject to daily change. Check the following pages for the latest information and restrictions on post-entry activities.

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00249.html

※Booster Vaccines which fulfill Government of Japan (GoJ) requirement.

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00342.html

※Current Border Measures

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00209.html

※For those who has entered/ returned to Japan

<https://www.hco.mhlw.go.jp/>

If you would apply to above ②, quarantine at your own place means appointed hotels listed below and you cannot book the hotel by your own.

- Landing @ Narita airport, Haneda airport : **Akasaka KOYO Hotel** (6-14-12, Akasaka, Mitato-ku, Tokyo)
- Landing @Kansai airport: **Comfort Hotel Osaka Shinsaibashi**
(1-15-15, Higashi Shinsaibashi, Chuo-ku, Osaka-city, Osaka)
- Would like to stay @ Hotel in Okayama : **Hotel MYSTAYS Okayama**
(9-16, Honmachi, Kita-ku, Okayama-city, Okayama)

Costs for Quarantine

【Hotel】

Name of the Hotel appointed by Okayama University	Conduct PCR test	Days of Stay	Meals	Fee
Akasaka KOYO Hotel https://www.yokohotel.co.jp/ (03-3586-4050)	○	6nights /7 days	No meal service available	31,680JPY+PCRTTest 11,160JPY
	X	8nights /9 days	No meal service available	41,800JPY
Comfort Hotel Osaka Shinsaibashi https://www.choice-hotels.jp/hotel/shinsaibashi/ (06-6258-3111)	○	6 nights /7 days	Breakfast only	25,200JPY+PCRTTest 11,160JPY
	X	8nights /9 days	Breakfast only	33,600JPY
Hotel MYSTAYS Okayama https://www.mystays.com/hotel-mystays-okayama-okayama/ (086-800-1450)	X	8nights /9 days	No meal service available	41,800JPY

【Rental Smartphone】

Before entering Japan, install the app. specified by the Government of Japanese (GoJ) on the smartphone you bring with you.

If you do not have a smartphone can be operable in Japan or unable to install the necessary apps on your smartphone, please rent a smartphone and receive it in the quarantine station (before immigration counter) at arrival airport.

★For information on installing the *application, see the following site
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00250.html

★Smartphone rent fee
9,500JPY for 8 nights/9 days
7,300JPY for 6 nights/7days (in case of quarantine period shortened)
2,167JPY /day (overdue)

【PCR Test】

Those who will quarantine at own place, as a general rule, the quarantine period is Eight nights and Nine days in a hotel which is appointed by Okayama university, however if the PCR test is conducted on the fourth day after entry and if its result is negative, the quarantine period can be shortened.

If you will be staying at the hotel in Tokyo (Akasaka KOYO Hotel) or Osaka (Comfort Hotel Osaka Shinsaibashi) and wish to shorten the quarantine period, you can apply for a PCR test.

★PCR Test Fee: JPY 11,160-

【Others】

In addition to the above costs, you will need the following cost;

transportation from the airport to the quarantine hotel, meals and daily necessities during the quarantine period, and transportation from the hotel to Okayama after the quarantine period is over.

Quarantine @ OU Dormitories

For those who need to quarantine own place will be allowed to quarantine at the dormitory, subject to strict compliance with the following conditions.

1. The applicant must be entering Japan **from April onwards**.
2. The applicant must be a prospective resident of Kuwanoki Dormitory, Fukui Dormitory or International House.
(*Those who placed at International Student Shared House is **not allowed** to use dorm as a quarantine place because of sharing the unit with other share mates)
3. Be able to move within 24 hours of the quarantine inspection and move into the dormitory during the hours specified by the dormitory office below.
<Kuwanoki Dormitory>
Weekdays: 9:00-19:00
Saturdays, Sundays and Holidays: 11:00-17:00
<International House and Fukui Dormitory>
Weekdays: 9:00-17:00
Saturdays: 10:00-15:00
Sundays and Holidays: No reception
4. Must strictly stay in their private rooms and not strictly refrain from walking around even within the building. Shared spaces/public space of the dorm (e.g. laundry) must not be used.
5. Must apply for the Dormitory Quarantine package (3 box meal/bread and water per day for 8 days, thermometer, daily necessities) (JPY17,000)
Halal and Lacto-Ovo-Vegetarian meals are available. Vegan and individual anti-allergy meals are not available.
6. Must understand the application procedure and complete all steps by the deadline referring to the Institute of Global Human Resource Development website(★) at your own responsibility.
7. You need to have a permission from your supervisor that he/she will guide and supervise your behavior during the quarantine period in your accommodation, and incase of the emergency, your supervisor will have a responsibility.

8. Refer to the website of Institute of Global Human Resource Development(★), obtain the consent of your supervisor, and upload the Application and Pledge for Quarantine at OU Dormitory form to AMARYS.
9. Select the university dormitory on AMARYS as your quarantine place, and complete the upload of the Application and Pledge for Quarantine at OU Dormitory form at least **5 days** prior to your arrival in Japan. Applications or changes made less than 5 days prior to your arrival will not be accepted for any reason, and all fees for changes must be paid by the applicant.
10. **You need to AGREE that, in case of a breach of the covenant/ against the regulation, OU will have a right to terminate your permission as a residence of University Dormitory and need to leave the dormitory after your quarantine period.**

★Website of Institute of Global Human Resource Development
<https://intl.okayama-u.ac.jp/support/admissions/housing/covid>

Booking the Flight

Airports are expected to be very busy on weekends and holiday, thus our government will **strongly recommend students to arrive on weekdays (Monday to Thursday)**. Furthermore, if you are unable to travel within the country on the day of arrival due to long inspection times at the quarantine station or flight delays, and need to change your accommodation, this may not be possible on Saturdays, Sundays and public holidays.

When booking your airline ticket, make sure to book the flight that arrival in Japan should be on a Monday to Thursday considering the waiting time at the airport quarantine station and the time which would take to get from the airport to the hotel where you will be staying as a quarantine place.

Others

Information on procedures after obtaining a visa will be provided when the 'Certificate for Completion of Registration to the ERFS system' is sent.