



Thailand AUN・国立六大学合同 サマープログラム

六大学の学生と共に、タイで未来を切り拓く 2 週間
～国際機関・企業訪問、文化体験で、多様性と創造力を養う～

研修テーマ *DISCOVERY - DIVERSITY - DYNAMICS (3DS):
CRAFTING THE FUTURE: TRADITION, INNOVATION,
AND SUSTAINABLE CREATIVITY*

■研修の概要

■研修先:タイ

■渡航期間:2025 年 8 月 31 日(日)～9 月 14 日(土) 約 2 週間

■使用言語:英語

■募集定員(六大学合計):20 名(最少催行人数:15 名)

※岡山・千葉・新潟・金沢・長崎・熊本大学の学生が参加予定

■滞在方法:現地大学宿舎/ホテル(未定)

■参加費:約33.8 万円(為替等により変動の可能性あり)

往復航空券(岡山発着)、研修費(授業料、空港の送迎、現地での移動・宿泊・活動中の食事・訪問先・文化活動・フィールドワークなど)の費用が含まれます。

※自由時間の食費、海外留学保険料などが含まれません。



■過年度参加者の感想 (渡航時)法学部2年 Iさん

タイの文化や政治に関心があった私にとって、国際機関での講演や、現地の遺跡・歴史に関するチュラロンコン大学での講義は、どれも興味深かったです。また、他大学や現地の学生との交流も本研修の醍醐味の一つです!食事やショッピングと一緒に満喫し、現地の学生からはタイ語を教えてもらいました。特に印象に残っているのがムエタイのワークショップで、丁寧な説明のおかげで初心者でも楽しむことができました。ほかにも、魅力は書ききれないほどあります!

皆さんも、東南アジアを多角的に学び異文化交流もできる研修で、刺激的な経験をしてみませんか?



プログラムの詳細や申込方法などは下記 MOODLE をチェック!

2025 年度岡山大学夏季語学研修・短期海外研修 参加者募集 MOODLE
HTTPS://MOODLE.EL.OKAYAMA-U.AC.JP/COURSE/VIEW.PHP?ID=231450



【参考】2024年度の研修スケジュールをです。研修先機関の都合などによって
今後変更となる可能性があります。最新の研修情報が届き次第お知らせします。

PROGRAMME SCHEDULE

Date: 19 - 31 August 2024

Location: Bangkok, Ayutthaya, Rayong, Chanthaburi

| Date/Time (Bangkok Time) | Organization/place | Activities |
|-----------------------------|--|--|
| Day 0 | | |
| Sun 18 August 2024 | | |
| 15.00 | | Pickup participants from the airport |
| 17.00 | | Hotel check-in |
| 17.30 onwards | Dinner (as preferred) | |
| Day 1 | | |
| Mon 19 August 2024 | | Dress code: Smart casual |
| 08.00 - 08.30 | Travel to 7th Floor, Chamchuri 10 Building by CU Shuttle Bus | |
| 08.30 - 10.00 | | Programme Introduction & Ice Breaking - Welcome remark by Choltis Dhirathiti, Ph.D., AUN Executive Director - Group photo - Programme introduction by AUN Secretariat |
| 10.00 - 12.00 | | Lecture on "Demographic Dynamics: Changing Communities and Health" |
| 12.00 - 13.30 | Lunch | |
| 13.30 - 15.30 | | Scrapbook Workshop |
| 16.30 - 17.00 | Return to hotel | |
| 17.00 onwards | Dinner (as preferred) | |
| Day 2 | | |
| Tue 20 August 2024 | | Dress code: Smart casual |
| 09.00 - 09.30 | Travel to Bank of Thailand Museum by Van | |
| 09.30 - 11.00 | The Bank of Thailand Museum | Cultural Exposure/Visit |
| 11.00 - 13.30 | Lunch (Lunch Box) and Depart to UNESCAP by Van | |
| 13.30 - 14.00 | United Nations Economic and Social Commission for Asia and the Pacific (UNESCAP) | Arrival & picking up the meeting badges, followed with a UNCC tour |
| 14.00 - 14.40 | | Welcome remarks and an overview of UN/ESCAP by the Communications and Knowledge Management Section |
| 14.40 - 15.15 | | Briefing on Environment and Development |
| 15.15 - 15.30 | | Break |
| 15.30 - 16.10 | | Presentation on SDG Outlook in Asia and the Pacific |
| 16.30 - 17.30 | Dinner at Hua Hin Photchana | |

| Day 3 Wed 21 August 2024 | | Dress code: Sunsixer T-shirt, Skirts must cover the knees |
|--|--|--|
| 08.30 - 09.00 | Travel to 7th Floor, Chamchuri 10 Building by CU Shuttle Bus | |
| 09.00 - 11.00 | | Lecture/Workshop Session on Content Creator |
| 11.00 - 12.30 | Lunch at Faculty of Arts' Canteen, CU (Travel by Muvmi) | |
| 12.30 - 13.00 | Travel to Wat Pho by MRT / BTS | |
| 13.00 - 15.30 | Wat Pho & Wat Arun | Cultural Exposure/Visit |
| 15.30 - 16.30 | Return to hotel by MRT / BTS | |
| 16.30 onwards | Debrief / Dinner (as preferred) | |
| Day 4 Thu 22 August 2024 | | Dress code: Smart casual |
| 06.30 - 07.00 | Hotel Check - Out | |
| 07.00 - 08.45 | Travel to Ayutthaya by Van | |
| 08.45 - 10.30 | YAKULT (THAILAND) CO., LTD. | Lecture on Yakult products, Yakult Benefits, and production process |
| | | Visit the production process and wastewater treatment plant |
| 11.00 - 11.30 | Depart to Restuarant | |
| 11.30 - 13.00 | Lunch at hanging noodle | |
| 13.30 - 16.30 | Travel to Rayong by Van | |
| 16.30 - 17.00 | Hotel Check - in at The Great Rayong | |
| 18.00 onwards | Dinner at Restuarant | |
| Day 5 Fri. 23 August 2024 | | Dress code: Sunsixer T-shirt |
| 07.30 - 09.00 | Travel to Burapha university, Chanthaburi campus by Van | |
| 09.00 - 10.00 | Burapha university, Chanthaburi campus | Lecture on "As an ASEAN" |
| 10.00 - 10.15 | | Break |
| 10.15 - 11.15 | | Lecture on "Sustainable Development Goals: A Case Study of Chanthaburi, Thailand" |
| 11.15 - 12.30 | Lunch | |
| 12.30 - 13.00 | Travel to Boploy Lekphet by Van | |
| 13.30 - 16.30 | Boploy Lekphet | Gemstone Digging & Craft Personalized Necklaces/Keychains from Mined Gemstone |
| 16.30 onwards | Return to Hotel & Dinner at the restuarant | |

| Day 6 Sat. 24 August 2024 | | Dress code: Casual |
|--|--|--|
| 08.30 - 09.15 | Travel to Kaoyot Fishing Community | |
| 09.15 - 11.00 | Kaoyot Fishing Community | Lecture session: Crab Bank and Local Fishing Methods |
| | | Beach cleanup |
| | | Coral nursery with rope techniques |
| 11.00 - 12.30 | Lunch at the Restuarant | |
| 12.30 - 13.00 | Return to Hotel by Van | |
| 13.00 - 17.00 | Free time for Self Reflection | |
| 17.00 onwards | Dinner at Restuarant | |
| Day 7 Sun. 25 August 2024 | | Dress code: Casual |
| 08.30 - 09.30 | Travel to Ban Talae Noi community | |
| 09.30 - 10.30 | Ban Talae Noi community | Palm leaf hat by Mae Som Sri. |
| 10.30 - 11.30 | | Sun-dried salted fish workshop |
| 11.30 - 12.30 | | Lunch |
| 12.30 - 13.30 | | the basics of local vegetables (ฐานผักกระชับ) |
| 13.30 - 14.30 | | Indian marsh fleabane Tea (ฐานชาใบขลุ้) |
| 16.00 onwards | | Depart to the hotel and Dinner at Restuarant |
| Day 8 Mon. 26 August 2024 | | Dress code: Casual |
| 08.30 - 09.00 | Hotel Check - out | |
| 09.00 - 11.30 | Return to BKK | |
| 11.30 - 12.30 | Lunch at Motorway (TBC) | |
| 13.30 onwards | Hotel Check - in at Lub D Bangkok Siam | |
| 13.30 onwards | Dinner (as preferred) | |
| Day 9 Tue. 27 August 2024 | | |
| FREE DAY | | |

| Day 10 Wed. 28 August 2024 | | Dress code: Casual |
|---|--|--|
| | Depart to Sabieng Thai Cooking School by MiniBus | |
| 09.00 – 12.00 | Sabieng Thai Cooking School | Cultural Workshop: "Team Building" Thai Cooking" |
| 12.00 – 13.00 | | Lunch at Sabieng Thai Cooking School |
| 13.00 – 14.00 | Depart to Urban Mobility Tech Co.,Ltd. (MuvMi) | |
| 14.00 – 16.00 | MuvMi | Lecture & Site Visit |
| 16.00 – 17.00 | Return to hotel | |
| 17.00 onwards | Dinner (as preferred) | |
| Day 11 Thu. 29 August 2024 | | Dress code: Casual |
| 07.45 – 08.30 | Travel to Samut Prakan by Van | |
| 08.30 – 10.30 | Bang Namphueng community | Lecture and workshop: Stingless Bee Beekeeping |
| 10.30 – 12.00 | | Workshop: Khanom thuai |
| 12.00 – 13.00 | | Lunch |
| 13.00 – 14.00 | | The Thai Herbal Compress ball |
| 14.00 – 14.20 | | Snack break |
| 14.20 – 15.30 | | Natural Tie Dye Clothe |
| 15.30 onwards | Return to Hotel by Van | |
| Day 12 Fri. 30 August 2024 | | Dress code: Sunsixer shirt |
| 08.00 – 08.30 | Travel to 7th Floor, Chamchuri 10 Building by CU Shuttle Bus | |
| 08.30 – 12.00 | Discussion and preparation for group work | |
| 12.00 – 13.30 | Lunch (Lunch Box) | |
| 13.30 – 16.00 | Group work presentation Presentation of certificates Closing | |
| 16.30 – 17.00 | Return to Hotel by CU Shuttle Bus | |
| 17.00 onwards | Dinner (Moo Kra Ta) | |
| Day 13 Sat. 31 August 2024 | | |
| 03.30 – 04.15 | Departure to airport by Van | |